



QUANTIFICATION OF BALANCE IN SINGLE LIMB STANCE USING KINECT

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Motivation

- Poor postural balance control causes injury or falls in huge population.
- Single Limb Stance (SLS) [1] is a good option for assessing postural steadiness in a static position.
- SLS training for patients reduces chances of injury or fall risk
- SLS provides a quick, reliable and easy way to screen their patients for fall risks [2].

Our contributions

- A Kinect based unobtrusive system is proposed to measure SLS duration, human body balance and vibration-jitter analysis.

Noise removal

- The noisy skeleton data is filtered using method similar to [3].

SLS Duration Measurement

- Compute covariance matrix $\dot{X}\dot{X}^T$ (X = data points in the arc S to A)
- Perform Eigen value decomposition on $\dot{X}\dot{X}^T$
- The curvature points R and F are obtained through minimum projection error of the eigen vector corresponding to smallest eigen-value

$\text{argmin}_r [\dot{P}_r - (\dot{P}_r \cdot \dot{u})\dot{u}]$
 \dot{P}_r is the original signal value at frame r and \dot{u} is the unit vector along \dot{E}_{min}

How SLS balance assessment is performed?

- Balance in SLS is assessed in terms SLS duration and center of pressure (COP) movements. It does not consider the sway/movement associated with different body parts.
- Marker based motion analysis system like VICON is expensive and complex.
- Fall risk questionnaire is used to assess fall risk.

Dataset Creation

- **Participants:** Thirty eight healthy volunteers (age: 21-65 years, weight: 45kg-120kg & height: 4ft6inch-6ft5inch)

Body Vibration Analysis

■ **Velocity for each joint is modeled as:** $V^j(t + \Delta t) = [v_x^j, v_y^j, v_z^j] = \frac{[x^j(t + \Delta t), y^j(t + \Delta t), z^j(t + \Delta t)] - [x^j(t), y^j(t), z^j(t)]}{\Delta t}$ the velocity profile of three segments during SLS exercise

are analyzed separately, $V_k^j(\omega) = \sum_{n=0}^{N-1} v_k^j[n] e^{-i\omega n}$, $i^2 = -1$ $f_k^j \leftrightarrow A_k^j$, Corresponding to maximum amplitude $f_m^j = \frac{\sum f_k^j A_k^j}{\sum A_k^j}$ **Vibration jitter** = $J_{1,2,3} = (f_m^j - f_{vk}^j) |_{1,2,3}, f_m^j |_{S-to-R}, f_m^j |_{R-to-F}, f_m^j |_{F-to-E}$

Dominant component of velocity = $V_k^j[n] = A_k^j \cos(2\pi f_k^j n)$, **force per unit mass (FPUM) for each joint** = $FPUM = \frac{\text{force } (F)}{\text{mass } (m)} = \text{acceleration } (a)$

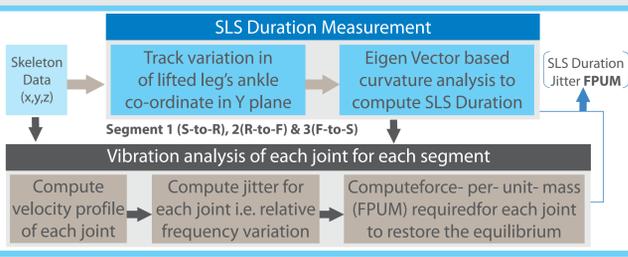
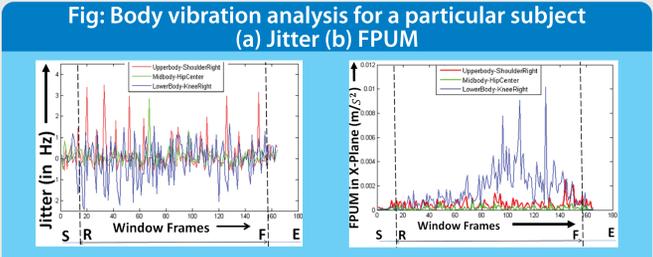
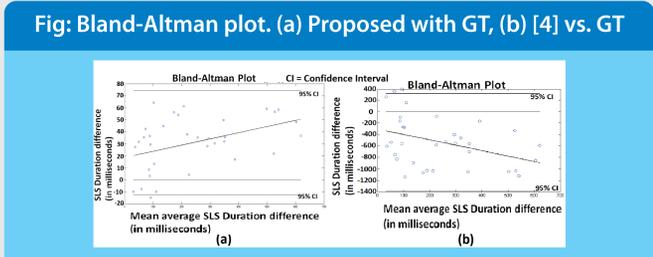


Table 1: FPUM comparison for 4 subjects for three joints. (A,B = sportspersons, but C,D don't practice any kind of exercises)

| Subjects | Fitness | Segment-1(S-to-R) | | | Segment-2(R-to-F) | | | Segment-3(F-to-E) | | |
|----------|---------|-------------------|-----------------|-----------------|-------------------|-----------------|-----------------|-------------------|-----------------|-----------------|
| | | KneeRight | HipCenter | ShoulderRight | KneeRight | HipCenter | ShoulderRight | KneeRight | HipCenter | ShoulderRight |
| A | 10 | 5.01e-5±2.62e-5 | 1.53e-6±6.03e-6 | 9.56e-6±6.03e-6 | 0.0017±0.0017 | 2.03e-5±1.89e-5 | 5.34e-5±4.78e-5 | 2.26e-4±5.24e-4 | 7.51e-4±0.0020 | 0.0012±0.0030 |
| B | 9 | 2.11e-5±9.04e-6 | 1.59e-5±3.08e-5 | 1.05e-5±1.21e-5 | 1.83e-4±1.78e-4 | 4.21e-5±6.71e-5 | 1.08e-4±1.65e-4 | 5.59e-5±1.13e-4 | 1.32e-4±3.51e-4 | 2.93e-4±7.52e-4 |
| C | 1 | 2.09e-4±1.25e-4 | 1.73e-6±1.88e-6 | 1.36e-5±1.28e-5 | 7.68e-4±6.00e-4 | 9.93e-5±1.12e-4 | 9.38e-4±0.0018 | 4.19e-4±5.10e-4 | 1.89e-5±3.13e-5 | 3.96e-4±5.41e-1 |
| D | 2 | 7.08e-6±4.33e-6 | 2.80e-6±2.74e-6 | 6.38e-6±6.21e-6 | 3.36e-4±4.53e-4 | 1.18e-4±1.77e-4 | 0.0016±0.0022 | 1.53e-5±7.76e-6 | 2.76e-6±2.65e-6 | 5.53e-5±5.48e-5 |

[1] Richard W Bohannon, "Single limb stance times: A descriptive meta-analysis of data from individuals at least 60 years of age," Topics in Geriatric Rehabilitation, vol. 22, no. 1, pp. 70-77, 2006.
 [2] JV Jacobs, FB Horak, VK Tran, and JG Nutt, "Multiple balance tests improve the assessment of postural stability in subjects with parkinsons disease," Journal of Neurology, Neurosurgery & Psychiatry, vol. 77.
 [3] Aniruddha Sinha and Kingshuk Chakravarty, "Pose based person identification using kinect," in Systems, Man, and Cybernetics (SMC), 2013 IEEE International Conference on. IEEE, 2013, pp. 497-503.